



Active adventures

Hike through diverse landscapes, from sandy beaches to serene forests

Recharge with a traditional Latvian sauna and cold sea swim

Embrace nature with eco-conscious travel and untouched surroundings

Enjoy a breathtaking view of the Baltic Sea, right from the campsite's yard

Where the Coast Calls: Rediscover Adventure

Active adventure seaside hiking Holiday's in Melnsils

Escape to the wild beauty of **Latvia's northern coastline**, where the Baltic offseason unveils a world of contrasts. Explore diverse landscapes, embrace local traditions, and find adventure far from the crowds.

Begin at **Cape Kolka**, where the Gulf of Riga meets the Baltic Sea. A guided hike takes you through shifting terrains—smooth sandy beaches, rugged dunes, and tranquil forests. Cross streams, uncover hidden trails, and immerse yourself in the untamed beauty of the Livonian coast, enriched by local stories.

After the hike, unwind with a traditional **Latvian sauna**. Alternate between soothing warmth and an invigorating **cold sea swim**—a revitalising ritual rooted in local tradition.

Enjoy **hearty dishes** at Melnsils Pub, including the famous "Solyanka" soup, before retreating to **seaside accommodations**. Let the sound of waves provide the perfect end to your day.

This unique journey blends adventure, culture, and serenity.

Latvia's Northern Coast is calling—are you ready to answer?

Duration: 3 days (2 nights)

Location: Camping Melnsils – Latvia, Slitere National Park - exploring seaside and forest trails.

Season: October - April - Day length varies from under 7 hours in December to 15 hours in April, giving each season its unique mood and colour

No. of participants: 6 - 20 pers.

Level of activity/previous knowledge required: Easy / Intermediate

What to bring: Clothing according to weather, warm and comfortable clothing

Whats included in the experience: Guided seaside hike (4–5 hours), local meals, sauna with optional cold swim, and a 2-night seaside stay.

Price: From €190 /pers. incl. VAT. Upgrade available for an additional fee

COMPANY NAME
Camping Melnsils

Contact person:
Roberts Adams
Lagzdiņš

+371 28605606

info@melnsils.lv

www.melnsils.lv

