



Disconnect to Reconnect

Discover the beauty of simple moments – hiking, cooking, and bonding in the heart of nature

Escape to Latvia's least populated region, where there are more deer per square kilometre than people. Endless forests, peaceful lakes, scenic raised bogs and warm local hospitality welcome you. Your adventure begins with a **guided hike**, led by locals who unveil **hidden stories** of local nature and culture, showcasing the region's history and wildlife. Strengthen team spirit through fun challenges and **craft a meal** from foraged ingredients – an **authentic taste** of Latvian life. As the day winds down, laughter and joy fill the evening. Savour local delicacies, sway to traditional rhythms, or relax under the stars, embraced by nature's tranquillity. The second day offers a self-guided early morning walk, **adventures** like paddling calm waters, testing your target with archery, or exploring unique military heritage sites that reveal intriguing stories of the past.

Perfect for **team-building, incentive trips** or **family gatherings**, this experience blends indoor spaces for meetings with outdoor adventures that inspire creativity and collaboration.

This isn't just a getaway – it's an invitation to immerse yourself in Latvia's natural beauty and connect with the land, culture, and people. Your hosts, inspired by their travels through the wild forests of Alaska, discovered surprisingly that equally transformative experiences await here.

Duration: 2 days

Location: Ance, Ventspils county, Latvia

Season: April–May, September–October

No. of participants: 8 - 25 pers.

Level of activity: Moderate, no experience needed.

What to bring: Seasonal outdoor clothing, sturdy shoes, backpack, water, snacks, optional binoculars.

Whats included in the experience: Guided hike (or jeep safari), team-building, a cooking masterclass, meals. Accommodation in lodge (upgrade in nearest guest house available) and next-day activities.

Price: €250 - 300/pers. incl. VAT

Local lifestyle

Ance, Latvia's least populated region, offers endless forests, serene lakes, scenic raised bogs and thriving wildlife

Cook with foraged ingredients and enjoy meals inspired by local traditions

Guided by locals, experience hiking and shared meals that embody the local lifestyle

COMPANY NAME:
Daba Laba

Contact person:
Loreta Pižika
Reinis Pižiks

+371 26826839

info@dabalaba.lv

www.dabalaba.lv



Daba Laba